



STARTING THE CONVERSATION

Starting the conversation with a loved one about making the move to senior living can be intimidating. But, choosing the right community will be one of the most important decisions you make for yourself or a loved one.

By discussing the topic early, and maintaining open lines of communication, you'll avoid being faced with making this very important decision in an emergency-type situation.

Here are a few tips on how to get the conversation started:

Do Your Research

Prior to starting the conversation, research care options and local communities to see what's available. Check out community reviews, visit senior living resources or contact local senior organizations to help get you started.

Open Communication with Family

Be sure to include close family members and/or siblings in this process. Consider talking to your loved one individually, then plan a family dinner to have the conversation as a group.

Listen

Be sensitive and empathetic to your loved one and, most importantly, listen to them. Allow him/her to communicate how they feel and offer reassurance. If your loved one does not want to make the move, this gives you the opportunity to address any concerns and talk about the benefits of senior living.

YOUR STORY. TO BE CONTINUED.
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STARTING THE CONVERSATION (CONTINUED)

Keep the Discussion Going

Revisit this conversation often and understand it can take time. It's important not to hesitate on the initial conversation so you're not left rushing your loved one into making a big decision if there's an emergency

Visit Several Communities

Schedule tours at local communities. This way, your loved one can see a 'day in the life' at a senior living community. Enjoy a meal, attend an event or speak with current residents to get a feel for the community. Offer your loved one choices, and allow them to weigh in on the matter. What community did they like? What amenities and services do they want?

Life at American House

Many retirees find relocating to a senior community is one of the best decisions they've ever made. Today's communities offer beautifully-designed apartments with spacious floor plans, resort-style accommodations and a number of social activities. The safety and security of a senior living community can also provide peace of mind.

At American House, we offer maintenance-free living at its finest. Our charming communities feature spacious apartments with a variety of amenities and services. Residents enjoy chef-prepared meals, weekly housekeeping, salon and barber shop services, fitness centers and so much more. With locations in the Midwest, Florida and New England, you're sure to find the proper level of care and services to fit your needs.

We offer independent living, assisted living, memory care*, respite care and hospice care*.

Contact us to find out which American House community is right for you.

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